

CAL-VIT[®]

Vitamin B Complex

Sugar-Coated Tablets, Syrups

Composition : CAL-VIT[®] Tablets and Syrups contain the most important members of the Vitamin B Complex in pure form and in therapeutically balanced proportions.

	Per tablet	Per 5ml syrup
Vitamin B1	10 mg	9.5 mg
Vitamin B2	3 mg	0.45 mg
Vitamin B6	5 mg	1.75 mg
Vitamin B12	60 µg	26 µg
Vitamin D3	-	50 I.U.
Sodium hypophosphite	-	3.5mg
Calcium pantothenate	3 mg	2.5 mg
Nicotinamide	-	6.0 mg
Inositol	3 mg	7.5 mg

Properties and Effects : The members of the Vitamin B Complex contained in CAL-VIT[®] are components of enzyme systems that regulate various stages of carbohydrate, fat and protein metabolism, each of the components playing a specific biological role (they play essential roles in energy metabolism & in the proper functioning of nerves and the immune system). A deficiency of the vitamins of the B Complex therefore leads to deficiency of coenzymes and hence to impairment of various metabolic reactions.

Indications

- For the prophylaxis and treatment of specific vitamin deficiency diseases, such as beriberi, aribofovinosis, cheilosis, glossitis, perlèche and pellagra.
- For the prevention of hypovitaminosis resulting from the administration of vitamin antagonists (anti-infectives, cytostatics, anticonvulsants), a deficient or special diet or loss of appetite (for instance, in the course of feverish illnesses).
- Disorders of absorption as encountered in sprue, celiac disease and diarrhea, and after prolonged treatment with antibiotics during convalescence.
- To meet increased requirements during pregnancy and lactation.
- As an adjuvant in liver disease, neuralgia, neuritis and polyneuritis, and in the treatment of the sequelae of chronic alcoholism (e.g. Cardiomyopathy) and stomatitis as a result of vitamin deficiency.

Dosage and Administration

Prophylaxis

Children: 7.5 ml syrup two or three times daily.

Adults and Adolescents : 15 ml syrup or 1 sugar - coated tablet two or three times daily.

Therapy : According to the severity of the deficiency symptoms.

Take your medication exactly as directed by your doctor . Swallow the tablets whole with fluid. Do not chew or crush them. The syrup may be taken undiluted, although it is better first to mix with a liquid or with semisolid food . Try to take vitamin B complex at the same times each day to avoid missing any doses . If you forget to take a dose, take one as soon as you remember unless it is nearly time for your next dose . Do not take two doses at the same time to make up. If in doubt, speak to your pharmacist or doctor.

Restrictions on Use: CAL-VIT[®] must not be given to patients who are known to be hypersensitive to one or more of the ingredients (see COMPOSITION).

Side Effects: Vitamin B Complex is unlikely to cause any side-effects except a darker yellow coloration of urine which is due to the body elimination excess Vitamin B₁₂ (Riboflavin). If however you do experience any worrying symptoms which you think may be due to this medicine, speak with your doctor or pharmacist.

Stability : This medicine should not be used after the expiry date shown on the outer pack .

How Supplied

Sugar - Coated Tablets
Syrup

Packs of 25 sugar - coated tablets.
Glass bottles of 100 ml.

THIS IS A MEDICINE

- Medicines are products which affect your health, and failure to follow the instructions may be dangerous for you.
- Follow your doctor's advice carefully, the method of use, and the instructions of the pharmacist who sold you the medicine.
- Your doctor and pharmacist are expert in the use of medicines, and their benefits and risks.
- Do not stop your course of treatment early unless advised to do so by your doctor or pharmacist.
- Do not repeat the same prescription without consulting your doctor.

KEEP MEDICINES OUT OF THE REACH OF CHILDREN

